



## 2019 - Term 1

	Mon	Tue	Wed	Thu	Fri	Sat
<b>Gymnastics For All (GFA)</b>						
<b>Drop-in-Gym</b>		9:45 - 11:00	9:45 - 11:00 11:20 - 12:30	9:45 - 11:00		
<b>PlayGym</b>		1:45 - 2:30				
<b>Kindy Gym</b>		12:45 - 1:30				
<b>Kiwi GymFun</b>	3:30 - 4:30		3:30 - 4:30		3:30 - 4:30	
<b>Incentive Awards (Jr)</b>			3:30 - 4:30		3:30 - 4:30	
<b>Incentive Awards (Sr)</b>			4:30 - 5:30			
<b>Incentive Awards (Adv)</b>			5:30 - 7:00			
<b>Gymsports (I &amp; B)</b>		3:30 - 5:00				2:00 - 3:30
<b>Gymsports Silver+</b>				5:30 - 7:00		3:30 - 5:30
<b>Boys Only Rec</b>				3:30 - 5:00		
<b>Junior Tumbling</b>						2:30 - 4:00
<b>Junior Trampoline</b>		3:30 - 4:15 4:00 - 5:00			3:30 - 4:30	
<b>Team Gym</b>						4:00 - 5:30
<b>Ninja</b>					4:30 - 6:00	
<b>Sport Fit</b>						4:00 - 5:30
<b>Adults</b>			7:00 - 9:00			
<b>Phoenix Synchro</b>				7:30 - 8:30		



## 2019 - Term 1 (TBC\*)

	Mon	Tue	Wed	Thu	Fri	Sat
<b>Aerobic Gymnastics (AER)</b>						
<b>Juniors</b>	5:00 ~ 6:30		5:00 ~ 6:30			*
<b>Seniors</b>	6:00 ~ 8:00		6:00 ~ 8:00	3:30 - 5:00		*
<b>ADP International</b>	6:00 ~ 8:00		6:00 ~ 8:00	3:30 - 5:00		*
<b>Men's Artistic Gymnastics (MAG)</b>						
<b>Level 1</b>				3:30 - 5:00		9:00 - 11:30
<b>Level 2</b>			4:30 - 7:30			9:00 - 11:30
<b>Level 3</b>		5:00 - 8:00	4:30 - 7:30			9:00 - 11:30
<b>Level 4+</b>		4:00 - 8:00	6:00 - 9:00	5:00 - 8:00		12:00 - 4:00
<b>Trampoline Gymnastics (TRA)</b>						
<b>Junior Advanced</b>	6:00 - 7:30					
<b>Future Flippers</b>	4:30 - 6:00					
<b>Intermediates B (A)</b>	*	6:30 - 8:00			6:30 - 8:00	(11:30 ~ 2:00)
<b>Seniors B (A)</b>	*	4:30 - 6:30			4:30 - 6:30	11:30 ~ 2:00 (2:00 - 4:00)
<b>Intermediate Tumbling</b>						4:00 - 5:30
<b>Women's Artistic Gymnastics (WAG)</b>						
<b>STEP 1</b>	4:30 - 6:30			5:00 - 7:00		
<b>STEP 2 &amp; (3)</b>	(4:00 - 7:00)	3:30 - 6:30			4:30 - 7:30	
<b>STEP 3</b>	3:30 - 7:00		3:30 - 6:00	3:30 - 6:30		
<b>STEP 3 &amp; 4+ RH</b>		5:00 - 8:00		4:30 - 7:30		10:00 - 1:00
<b>STEP 4 &amp; 5</b>	3:30 - 8:00	3:30 - 8:00		3:30 - 8:00	3:30 - 7:30	8:30 - 2:00
<b>STEP 6</b>	3:30 - 8:30		3:30 - 8:00	3:30 - 8:00	3:30 - 7:30	8:30 - 2:00
<b>STEP 7</b>	3:30 - 8:30	3:30 - 8:00	3:30 - 8:00		3:30 - 7:30	8:30 - 2:00
<b>WAG Jnr Dev.</b>						1:00 - 4:30