



2018 - Term 1

	Mon	Tue	Wed	Thu	Fri	Sat
Gymnastics For All (GFA)						
Drop-in-Gym		9:45 - 11:00	9:45 - 11:00 11:20 - 12:30	9:45 - 11:00		
PlayGym		1:30 - 2:15				
Kiwi GymFun	3:30 - 4:30		3:30 - 4:30		3:30 - 4:30	
Incentive Awards (Jr)			3:30 - 4:30		3:30 - 4:30	
Incentive Awards (Sr)			4:30 - 5:30			
Incentive Awards (Adv)				5:30 - 7:00		
Gymsports (I & B)						2:00 - 3:30
Gymsports Silver+						3:30 - 5:30
Boys Only Rec				3:30 - 5:00		
Junior Tumbling						2:30 - 4:00
Junior Trampoline		3:30-4.15 4:00 - 5:00			3:30 - 4:30	
Team Gym						4:00 - 5:30
Ninja					4:30 - 6:00	
Sport Fit						4:00 - 5:30
Adults			7:00 - 9:00			
Phoenix Synchro				7:30 - 8:30		



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Aerobic Gymnastics (AER)						
Juniors	5:00 ~ 6:30		5:00 ~ 6:30			
Seniors	6:00 ~ 8:00		6:00 ~ 8:00	3:30 - 5:00		
ADP International	6:00 ~ 8:00		6:00 ~ 8:00	3:30 - 5:00		
Men's Artistic Gymnastics (MAG)						
Pre-Comp (Level 1)				3:30 - 5:30		(9:00 - 11:30)
Level 2			4:30 - 7:30			9:00 - 11:30
Level 3		5:00 - 8:00	4:30 - 7:30			9:00 - 11:30
Level 4 (+)		6:00 - 8:00am 5:00 - 8:00		(6:00 - 8:00am) 5:00 - 8:00		12:00 - 4:00
Trampoline Gymnastics (TRA)						
Advanced	5:00 - 7:00					
Intermediates B (A)		6:30 - 8:00			6:30 - 8:00	(11:30 ~ 2:00)
Seniors B (A)		4:30 - 6:30			4:30 - 6:30	11:30 ~ 2:00 (2:00 - 4:00)
Intermediate Tumbling						4:00 - 5:30
Women's Artistic Gymnastics (WAG)						
STEP 1	4:30 - 6:30			4:30 - 6:30		
STEP 2 & (3)		4:00 - 6:30		(5:00 - 8:00)	4:30 - 7:00	
STEP 4+ Restricted		5:00 - 8:00		5:00 - 8:00		10:00 - 1:00
STEP 4 Devel. *Optional for S4 D +	4:00 - 8:00		*6:30 - 8:30am 4:00 - 8:00	4:00 - 8:00		1:00 - 4:30
STEP 5	4:00 - 8:00			4:00 - 8:00	4:00 - 8:00	8:30 - 2:00
STEP 6+	6:00 - 8:30	4:00 - 8:00	4:00 - 8:00		4:00 - 8:00	8:30 - 2:00